VEGGIE ROLL UPS

PACKED FULL OF NUTRIENTS, THESE VEGGIE ROLLS WILL REWARD MORE THAN JUST YOUR TASTE BUDS!

INGREDIENTS

MAKES 1 SERVINGS

Collard Greens* 1 large leaf
Micro Greens* 1/4 cup
Carrots* 1/4 cup
Turnips* 1/4 cup
Pea shoots* 1/4 cup
Beets* 1/4 cup
Radishes* 1/4 cup
Poppyseed Dressing* As needed

*Available direct from producer at Countryside Farmers' Markets

METHOD

1. Peel carrots and beets. Shred into short, thin strips or chop into small pieces in food processor.
2. Thinly slice the turnips and radishes into "matchstick" size pieces.
3. Wash collard green leaf, and cut off stem. (*Option to steam the leaf)
4. In the middle of the collard green, place all vegetables. Roll the leaf up like a burrito.
5. Dip in the dressing and enjoy!

Find more locally and seasonally inspired recipes at countrysidefoodandfarms.org/recipes-list/